













КАНООТ – Здравословни навици



HOPE4schools

Образование за здраве, откритост и просперитет за училищата 2021-1-RO01-KA220-SCH-000024401





КАНООТ – Здравословни навици

Получете достъп до теста в следната връзка.

Дублирайте го, направете го свой и го използвайте.

Можете да го преведете на собствения си език или да го промените и да добавите още въпроси, ако желаете.

https://create.kahoot.it/details/5453a3c5-bad7-4a8d-997b-cc6d741e70bf



Kahoot!

Healthy Habits

Healthy Habits

0 plays · 0 players

(5) A public kahoot

Questions (14)

1 - Quiz

How many hours of sleep do you need every night?



2 - Quiz

What is the EASIEST way to be healthy?



3 - Quiz

True or False: Smoking cigarettes is good for you.



4 - Quiz

How many times a day should you brush your teeth?



5 - Quiz

What is an example of a healthy food?



6 - Quiz

How many cups of water should you drink every day?



7 - Quiz

How often should you (a normal person) exercise?



8 - Quiz

True or False: Sunblock causes skin cancer.





9 - Quiz

What do you need to be healthy?



10 - Quiz

Is it okay to eat unhealthy foods (McDonald's, pizza, kebab)?



11 - Quiz

True or False: Vaccines are important.



12 - Quiz

How many hours a day should you spend on the computer/watching TV/playing videogames?



13 - Quiz

What can you do if you feel stressed?



14 - Quiz

True or False: You should always wear a seatbelt when travelling by car.

